



The Bristol Yacht Club MAINSHEET



Hannah Scanlon (left), Caroline Parker (center) and Ella Hanley grew up sailing at BYC and now coach EBSF race teams.

The Ladies Who Coach

Pandemic this summer? Covid-19 is not standing in the way of East Bay Sailing Foundation's goal of training a new generation of sailors ... and racers.

With health screenings, distancing and plenty of cleaning all in place, EBSF has both enthusiastic students and dedicated instructors eager to get on the water. Among the staff are three young women who themselves got their first taste of wind plus water here at BYC and are now coaches of EBSF race teams.

Hannah Scanlon capitalized on many years of EBSF classes to become a member of an award-winning sailing team at Bishop Stang High School. Later, as an undergrad, she was on the nationally-ranked University of Rhode Island race team where she

Continued on page 2.

Masthead Photo: A BYC summer day!

Help Shape Our Club's Future.

BYC Strategic Plan summary to be emailed to members this month. Watch for news of meetings to discuss the plan.

Details page 6.



August 2020



The Ladies Who Coach ... continued from page 1.

was named NEISA Women's Crew of the Year two consecutive years. Now she's a PhD student at URI and carves out time not only to be EBSF's head 420 coach, but also to race in the Millard Series Wednesday nights with her parents, Carol and Andrew Scanlon, on *Moxie*, their J/100.



"This is my sixth summer coaching with EBSF and my first summer as head coach of the 420 racers," Hannah says. "My team members, who

are 14 and 15 years old, work hard on racing fundamentals, which is important because they range in experience, including some who are brand new to 420 racing. We also really hone in on skills specific to C420s, such as learning to trapeze and fly a spinnaker."



Caroline Parker calls herself an "EBSF Mercury kid," even though she progressed through many classes and craft, and later raced on the 420 team

that Hannah now coaches. A rising junior at Wesleyan University where she is on a club sailing team, Caroline taught Opti sailing at EBSF for several years before her current role as coach of the advanced Opti racers. (Opti racers progress through four levels: green, red, white and blue.)

"As a coach, I see my role as more than just helping my team learn techniques and tactics," Caroline says. "Yes, I want them to compete successfully in regattas around the Bay but I think it is even more important that they learn to love sailing. I want each member of my Opti team



Opti racers prep their boats prior to an afternoon of practice in mid-July.

(they are 10 to 13 years old) to make sailing a life-long sport."

The less experienced Opti racers – the green team – benefit from the enthusiasm of their own coach, Ella Hanley, who heads to the University of Virginia this fall. Ella's first EBSF class was at age 5 and her run down of class participation pretty much covers everything the program offers from Opti lessons to adventure sailing to J/22s to 420 racing. With that training and the experience of instructing with EBSF in the past, she easily understands the excitement and the challenges of racing an Opti for the first time.



"Building the confidence of the team is a huge part of a coach's role," notes Ella, who says she helps her kids do this by teaching the technical aspects of racing such as approaching the starting line, timing and wind direction. Like her fellow coaches, she also feels that unless her team has fun she hasn't fulfilled her

goal. "Sailing is such an amazing sport for kids to learn. I want to make sure my team members want to keep learning and keep sailing," says Ella.

Committing to an EBSF race team is just that ... a commitment. At all levels (including the Laser race team, coached by EBSF Program Director Mike Zonnenberg) practice is three days a week and racers participate in Narragansett Bay Yachting Association regattas with other club teams several times over the summer. "Plus this year we've added Tuesday evening at-home racing for our EBSF teams both for fun and practice," says EBSF Director Kristin Browne. "We have more kids on race teams this summer than we've had for some while," she adds.

Perhaps there is a reason for the popularity. "While many people can't participate in sports right now because of Covid-19, our sailors are safely out there advancing their skills," Hannah Scanlon says. "And, more importantly, they are hopefully developing a love for the sport, gaining independence and confidence, and making new friendships."



Members Celebrate July 4



Not surprisingly, many BYC members enjoyed the Fourth of July out on the water. Above: Nan Hall dressed appropriately at the helm of a Marshall cat boat as she approached Useppa on Pine Island Sound in Florida. Top right: Arlene and Hardy Hartwell celebrated with family on board *American Flyer* though Arlene didn't take a holiday break from boat chores, even going aloft to repair an avian deterrent device above the spreader.



Left: Gary Warner tried out the sailing rig on his eight-foot Fatty Knees dinghy while anchored at the Kicky. Above: A selfie while at Potter Cove caught (from left) Past Commodore Peter Canzone, Pat Crawford, Past Commodore Ruth Souto and Mary Hannon.



Members Celebrate July 4



Bristol's July 4th Parade was the focus of the holiday for several members including (top) the extended Guinther family with members Dave and Jane at the far right. Left: Peggy Perotto took a fun pose in the center of Hope Street. Above: Camille and Bob Hamel, dressed in red, white and blue, pulled chairs to the curb in front of their Hope Street home for a close-up view.



For Pat Calvo and Peter Huckins celebrating on July 4 extended beyond the fact it was Independence Day. It was also their 36th anniversary. Planing ahead, a bottle of champagne was with them onboard *Nola*, their Catalina 42, when they got underway.



Members Celebrate July 4



The best part of any holiday is time spent with family and friends. Top left: Patrick Monaghan and his grandfather, Ted Maher, enjoyed time together on Hog Island. Left: The Dimson-Doyles (Marilyn is pictured foreground) respected social distancing by rafting their *Sea Rose* to the Lippmann's Fortier (Craig and Leslee are pictured left rear) for a visit. Above: Shawen Williams and Andrew MacKeith had a fun evening at Mill Creek Beach on Prudence Island watching 270 degrees of fireworks around the Bay.

Below: The moon was almost full July 4 and Jonathan Walsh had anchored *Tendresse II* off Black Point on the Sakonnet River to watch the fireworks when he shot this moonrise.



Above: Margie Bucheit and Bill Ohley anchored *Bear North* for the night in Wickford Harbor on their return trip from Block Island and also took an awesome moonrise picture.



BYC Strategic Plan Summary to Be Emailed to Members This Month

Participants in the BYC strategic planning process have studied just about every aspect of BYC's facilities, activities, policies and programs. The team would now like to share both those results and five recommended project ideas with Club members.

We thought it best to communicate with members in two ways:

- 1. Through a document that summarizes the explorations, discoveries and recommendations; it will be emailed to members and posted on the BYC website in mid-August*
- 2. Through meeting with members to discuss the five prospective projects that many feel would improve the Club's facilities, and the value and pleasure of membership*

We want to hold these member discussions as soon as possible but have not yet scheduled them as current Rhode Island Covid-19 guidelines limit the number of people that can assemble for such a meeting. As soon as we are able, we will announce meetings via the Club's weekly email.

Before the meetings, members will receive a copy of the strategic planning report outlining the plan's purview and results, including descriptions of five project ideas, which will be the focus of the two planned meetings. After the meetings, the Strategic Plan recommendations, along with member feedback, will be presented to the Club's Executive Committee.

The five projects under consideration are:

- 1. A roofed outdoor pavilion with a bar, fireplace and new heads to support activities outside the Clubhouse such as event rentals, barbecues and summer dances, as well as space for visiting yacht club cruises, classes and seminars, etc.*
- 2. An expanded/improved launching ramp and crane capacity*
- 3. A boat maintenance workshop and gear storage*
- 4. Plans to replace aging safety/coach boats*
- 5. A plan for EBSF sustainability*



We hope you will be able to join us when we are able to meet to discuss the details of these interesting and exciting proposed strategic projects.

Until then—we wish you fair breezes.

*- John Bell and Susan Grandpierre,
Co-chairs, Strategic Plan Steering
Committee*

Chris Bjerregaard, ex officio

It's Summer ... It's Time to Relax

Enjoying a beautiful summer evening with Beach Bar libations in hand are (counterclockwise from left) Dave Guinther, Ed and Wendy Quinn, and Becky and Carl Levick.





Pictured top: Foggy at Fogland? In fact, the fog was hanging heavy in Bristol Harbor as BYC members cast off for the Fogland Point meet up July 18.

Middle: Socially distanced on the beach are (from left) Craig and Leslee Lippmann, Nancy and Steve Barron, Dave and Jane Guinther, and Andy and Lois Teitz. Also along for the fun were Janet and Roland Gendreau, Pat and Joe Jablonowski, Holly and Harold Knight, Marilyn and Will Pease, and Sarah Winsor and Keith Duncan.

Bottom: The setting sun frames BYC vessels (from left) Janet and Roland's Gratitude, Marilyn and Will's Charmer, and Sarah and Keith's Cormorant.

Sunny Skies, Fair Winds Greet BYC's 2020 Inaugural Cruise

Fogland Point's protected cove and sandy beach play host to nine BYC couples.

Fogland Point provided a protected anchorage and large beach for the nine couples gathered for BYC's inaugural 2020 cruise July 18.

Sailors, power boaters and even land cruisers arrived throughout the day to find an ideal anchorage sheltered from the light south wind, with plenty of space and perfect anchoring conditions.

Dinghies began congregating on the north side of the cove around cocktail hour. Others continued to join though high tide at 6 pm. Nine couples enjoyed catching up with old friends and meeting new ones, safely spaced on the large beach. A few stayed until near sunset.

Back on board, the setting sun over the western shore treated everyone to a memorable day's end. On Sunday, boats headed south toward the islands and northwest to Bristol Harbor under eight to ten knot winds out of the south.

- Dave Guinther



Commodore's Corner



Chris Bjerregard was on the mark boat for team races July 11 with camera in hand and caught this action-filled picture.

Let's Pick Up and Race

During a typical summer there are a series of team races at yacht clubs up and down the East Coast. BYC fields a team at many of them. Given there is nothing typical about 2020, all these races were cancelled last spring due to Covid.

These races are normally between yacht club teams: two teams at a time, three boats to a team. The team with the low score



wins. Individual results are not significant. Team racing is a format most sailors learned in college.

When the number of Covid cases in RI began to decrease and we moved into Phase 2 of the RI

re-opening, Race Committee Chair Nick Cromwell and our BYC team racers decided to improvise. They created a couple of pick-up regattas for sailors within a short drive of BYC.

The first was Saturday, July 11. Teams from Eastern Yacht Club (Marblehead), New York Yacht Club and two from Bristol met in J/22s south of our mooring field. The wind was 15 to 20 knots from the south, making for great sailing. I was lucky to be on the mark boat and had a great view of the nonstop action. Best of all ... one of the Bristol teams won.

On July 18 the action was repeated with round two and a different group of sailors.

I love the pick-up race concept. It's simple, inexpensive, no fluff – just great sailing, with a drink at the Beach Bar afterward, properly distanced, of course.

I hope we run races like this all summer!

- Chris Bjerregaard, Commodore



Congratulations to our Grounds Committee, chaired by Tom Pasqual, for accomplishing a long list of projects this season. The Committee's most recent success is this fantastic fire pit ... imagine a cool, fall evening enjoying its warmth!

**GROUND
Committee**

This year the Committee also oversaw the installation of our new BYC entrance sign and the rebuild of the front stone wall. Plus, the lawn areas damaged by last summer's tent and storage trailers are now green and growing!

Thanks to each and every Committee member for your hard work.

WHEN THE SUN IS OVER THE YARDARM



Submitted by: Dara Gough and Kieran Draper

Boat: Blue, a 46-foot Beneteau

Shaken ... not stirred: Dara notes that she and Kieran "are not hugely exotic with cocktails, but we do share a love of a vodka martini, straight up, with olives."

Their taste is best described as traditional but timelessly delicious. And their recipe is simple enough. The key, Dara says, is to "let the ingredients sit in the shaker for a few minutes, allowing the ice to melt a bit. It makes a big difference to the end cocktail." She always chills the martini glasses in the freezer while the shaker is sitting. The finishing touch, of course, is to pop in a couple of olives. Dara's final word: "Fab!"

You've set the anchor or picked up the mooring ... we all know what's next. The BYC Mainsheet wants to share your favorite ship-board cocktail. Just email bycmainsheet@gmail.com with your fave and a photo. As a thank you, we'll send you a BYC car decal.

Vodka Martini

1 measure of vodka

1/3 measure of dry vermouth

Shake over ice with a dash of olive juice

Add a couple of olives to finish it off



Editor's Note: Waterfront Committee members share responsibility in writing a monthly update for this newsletter. This month the duty fell to Dick Jarbeau and he asked his more creative wife, Leslie, to take the helm for him. The result ... a timely poem with a lesson for us all. Pictured: Leslie and Dick, along with Walnut and Lemon.

WATERFRONT Committee



Need Fresh Veggies? ... Take a Sail

To help identify new places within Narragansett Bay for their "staycation" cruises this summer, Keith Duncan and Sarah Winsor decided to challenge themselves by tracking down farmers markets they can reach onboard their 39-foot Corbin, *Cormorant*.

While Rhode Island offers plenty of farmers markets to choose from ([check out this Farm Fresh RI list](#)), Keith and Sarah looked for those offering a pleasant sail, a spot to anchor, a nice walk and, of course, lots of fresh produce.

"We like to look for nice walks when cruising and figured this would be a good incentive to seek out new harbors and to keep us supplied with fresh greens," Keith says. "The Farm Fresh RI list has maps and directions. However, it may be worth a last minute check on opening hours given the current pandemic."

Here are some of Keith and Sarah's top choices:

Monday, 3 pm to 6:30 pm

Jamestown Recreation Center
41 Conanicus Avenue, Jamestown

Wednesday, 2 pm to 6 pm

Haines Memorial State Park
Willett Avenue, Barrington

Thursday, 1 pm to 5 pm

Wickford Town Parking Lot
Brown Street, Wickford

Friday, 9 am to 1 pm

Goddard Memorial State Park
(near horse stables)
1095 Ives Road, Warwick

Saturday, 8:30 am to 12:30 pm

Casey Farm
2325 Boston Neck Road, Saunderstown

A BYC Sailor's Covid-19 Ode

Listen sailors and hear what I say
A few simple rules to keep Covid at bay

Stay away from the Club if you're achy
with chills

Stay home, sip soup and pop a few pills

By signing your name as you enter the
dock

We'll do contact tracing for you and your
flock

Keep six feet away so you don't catch the
bug

No kisses, no handshakes, not even a hug

Three deep at the bar is never to be
A new norm for cocktails - just myself and
me

Cover your face and please use a mask
With practice it's really an easy task

Such simple rules that we should obey
To keep the virus from heading
our way



MOUNT HOPE FARM

Another Saturday farmers market is just a quick sail from Bristol Harbor, under the Mount Hope Bridge and into Church Cove. A dinghy ride to shore and a pleasant walk along the Mount Hope Farm (MHF) roadway brings you to the MHF South Field where you'll find plenty of fresh produce and other local goodies from 9 am to 12:30 pm.



Above: Arlene and Hardy. Right: Shirlie on a rare trip aboard American Flyer.



BYC PETS

To have your four-pawed crew featured in The BYC Mainsheet, email a photo to bycmainsheet@gmail.com. We'll send you a BYC car decal as a thank you.

The landlubber: Shirlie, a five-year-old Australian Labradoodle

Her captains: Arlene and Hardy Hartwell

Their boat: American Flyer, a 31-foot Pacific Seacraft

Saiing is not for everyone: *It seems some BYC pets prefer terra firma and Shirlie would rather chase bunnies than take watch on American Flyer.*

Arlene tells us that when Shirlie was a tiny pup, she fell 10 feet through stairway balusters to the basement floor. "Four fore-paw bones were fractured," Arlene relates. "She came home to us in a tiny purple cast, sporting a yellow heart. We fondly recall the sound of faint thunking as she paraded around her new home adorned in purple plaster."

Shirlie missed her first summer on the water as she needed to keep that cast dry and, by summer number two, Shirlie apparently had decided that she simply would avoid the water in general. "We love her and respect her preference," Arlene says.

- *The Social Committee hosted its first event of the summer July 25 with a Meet and Greet Cocktail Party with several new members attending. It was wonderful catching up with new and old friends. There was even music playing out on the lawn, thanks to our Bose speaker system!*

SOCIAL
Committee

Members gathered around the new BYC firepit (see page 9) while keeping social distance and wearing masks when not seated.

- *Although still complying with Rhode Island Covid-19 guidelines, it felt like a “normal” social gathering.*
 - *It was definitely a success and several people asked if the Social Committee could schedule a similar event in the coming weeks. Stay tuned!*

- Carole Mansur, Social Committee Chair



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